

# MEDITERRANEAN KARATE GRAND PRIX 2023 – CATANIA

## KATA CATEGORIES



1	BOYS	Novices - 7th Kyu	(6 years under)	Mix Styles Kata
2	BOYS	Novices - 7th kyu	(7-8 years)	Mix Styles Kata
3	BOYS	6th - 4th kyu	(7-8 years)	Mix Styles Kata
4	BOYS	Novices- 7th kyu	(9 -10 years)	Mix Styles Kata
5	BOYS	6th - 4th kyu	(9 -10 years)	Mix Styles Kata
6	BOYS	3rd kyus & above	(9 -10 years)	Mix Styles Kata
7	BOYS	Novices- 7th kyu	(11 -12 years)	Mix Styles Kata
8	BOYS	6th - 4th kyu	(11 -12 years)	Mix Styles Kata
9	BOYS	3rd kyus & above	(11 -12 years)	Mix Styles Kata
10	GIRLS	Novices - 7th Kyu	(6 years under)	Mix Styles Kata
11	GIRLS	Novices - 7th kyu	(7-8 years)	Mix Styles Kata
12	GIRLS	6th - 4th kyu	(7-8 years)	Mix Styles Kata
13	GIRLS	Novices- 7th kyu	(9 -10 years)	Mix Styles Kata
14	GIRLS	6th - 4th kyu	(9 -10 years)	Mix Styles Kata
15	GIRLS	3rd kyu & above	(9 -10 years)	Mix Styles Kata
16	GIRLS	Novices- 7th kyu	(11 -12 years)	Mix Styles Kata
17	GIRLS	6th - 4th kyu	(11 -12 years)	Mix Styles Kata
18	GIRLS	3rd kyu & above	(11 -12 years)	Mix Styles Kata
19	Mini Cadets	MALE Novices - 4th kyu	(13 - 14 years)	Mix Styles Kata
20	Mini Cadets	MALE 3rd kyu - Dan Grades	(13 - 14 years)	Mix Styles Kata
21	Mini Cadets	FEMALE Novices - 4th kyu	(13 - 14 years)	Mix Styles Kata
22	Mini Cadets	FEMALE 3rd kyu - Dan Grades	(13 - 14 years)	Mix Styles Kata
23	Cadets	MALE Novices - 4th Kyu	( 15-17 years)	Mix Styles Kata
24	Cadets	MALE 3rd Kyu - Dan Grades	(15- 17 years)	Mix Styles Kata
25	Cadets	FEMALE Novices - 4th Kyu	(15-17 years)	Mix Styles Kata
26	Cadets	FEMALE 3rd Kyu - Dan Grades	(15-17 years)	Mix Styles Kata
27	Juniors	MALE Novices - 4th Kyu	(18-20 years)	Mix Styles Kata
28	Juniors	MALE 3rd Kyu - Dan Grades	(18 - 20 years)	Mix Styles Kata
29	Juniors	FEMALE Novices - 4th Kyu	(18 - 20 years)	Mix Styles Kata
30	Juniors	FEMALE 3rd Kyu - Dan Grades	(18 - 20 years)	Mix Styles Kata
31	Seniors	MALE Shotokan Nov - 4th kyu	(21 - 35 yrs)	Shotokan
32	Seniors	MALE Shotokan 3rd kyu - Dan +	(21 - 35 yrs)	Shotokan
33	Seniors	FEMALE Shotokan Nov - 4th kyu	(21 - 35 yrs)	Shotokan

34	Seniors	FEMALE	Shotokan	3rd kyu - Dan +	(21 - 35 yrs)	Shotokan
35	Seniors	MALE	OTHER STYLES	Nov - 4th kyu	(21 - 35 yrs)	Other Styles (NOT Shotokan)
36	Seniors	MALE	OTHER STYLES	3rd kyu - Dan +	(21 - 35 yrs)	Other Styles (NOT Shotokan)
37	Seniors	FEMALE	OTHER STYLES	Nov - 4th kyu	(21 - 35 yrs)	Other Styles (NOT Shotokan)
38	Seniors	FEMALE	OTHER STYLES	3rd kyu - Dan +	(21 - 35 yrs)	Other Styles (NOT Shotokan)
39	Masters	MALE	36 - 44 years	(Any Grade)		Mix Styles Kata
40	Masters	MALE	45 - 50 years	(Any Grade)		Mix Styles Kata
41	Masters	MALE	51 years up	(Any Grade)		Mix Styles Kata
42	Masters	MALE	55 years up	(Any Grade)		Mix Styles Kata
43	Masters	FEMALE	36 - 44 years	(Any Grade)		Mix Styles Kata
44	Masters	FEMALE	45 - 50 years	(Any Grade)		Mix Styles Kata
45	Masters	FEMALE	51 years up	(Any Grade)		Mix Styles Kata
46	Masters	FEMALE	55 years up	(Any Grade)		Mix Styles Kata
47	Children	Mix Pair (X2)	Kata	(under10 years)		Mix Styles Kata
48	Cadets	Mix Pair (X2)	Kata	(11 - 15 years)		Mix Styles Kata
49	Cadets - Seniors	Mix Pair (X2)	Kata	(16 years & above)		Mix Styles Kata
50	Children	Mix Team (X3)	Kata	(under10 years)		Mix Styles Kata
51	Cadets	Mix Team (X3)	Kata	(11 - 15 years)		Mix Styles Kata
52	Cadets - Seniors	Mix Team (X3)	Kata	(16 years & above)		Mix Styles Kata
53	Masters – Mix Team (x3)	Kata	(36 years & above)			
<b>54</b>	<b>Masters – Male</b>	<b>36 years &amp; above</b>	<b>Novices - 4th Kyu</b>	<b>Mix Styles Kata</b>		
<b>55</b>	<b>Masters – Female</b>	<b>36 years &amp; above</b>	<b>Novices – 4th Kyu</b>	<b>Mix Styles Kata</b>		
<b>KUMITE CATEGORIES 2023</b>						
58	Boys	(Under 6 years)	Open Weight - Shobu Nihon			
59	Boys	(7/8 years)	Open Weight - Shobu Nihon			
60	Boys	(9/10 years)	Open Weight - Shobu Nihon			
61	Boys	(11/12 years)	40 kgs under - Shobu Nihon			
62	Boys	(11/12 years )	40 kgs + Shobu Nihon			
63	Boys	(13/14 years)	50 kgs under - Shobu SANBON			
64	Boys	(13/14 years)	50 kgs + Shobu SANBON			
65	Girls	(Under 6 years)	Open Weight - Shobu Nihon			
66	Girls	(7/8 years)	Open Weight - Shobu Nihon			
67	Girls	(9/10 years)	Open Weight Shobu Nihon			
68	Girls	(11/12 years)	35 kgs under Shobu Nihon			
69	Girls	(11/12 years)	35 kgs + Shobu Nihon			
70	Girls	(13/14 years)	45 kgs under Shobu SANBON			

71	Girls	(13/14 years)	45 kgs +	Shobu SANBON
72	Cadets Male	(15-17 years)	All belts	Open Weight Shobu SANBON
76	Senior Male	(18 years up)	All Belts	75 kgs under Shobu SANBON
78	Senior Male	(18 years up)	All Belts	75 kgs + Shobu SANBON
80	Senior Male	(18 years up)	OPEN Grade	86 kgs plus Shobu SANBON
74	Cadets Female	(15-17 years)	All Belts	Open Weight Shobu SANBON
81	Senior Female	(18 years up)	All Belts	65 kgs under Shobu SANBON
83	Senior Female	(18 years up)	All Belts	65 kgs + Shobu SANBON
97	Masters A	Female (36-40 years)	Open Grade & Weight	Shobu SANBON
98	Masters B	Female (41-45 years)	Open Grade & Weight	Shobu SANBON
99	Masters C	Female (46 years up)	Open Grade & Weight	Shobu SANBON
100	Masters A	Male 36 - 40 years	Open Grade	Open Grade & Weight Shobu SANBON
101	Masters B	Male 41 -45 years	Open Grade	Open Grade & Weight Shobu SANBON
102	Masters C	Male Over 46 years	Open Grade	Open Grade & Weight Shobu SANBON
103	Mini Cadets Mix Team	Kumite	(14 yrs under) - 3 athletes	Shobu SANBON
104	Cadets Female Team	Kumite	(15-17 years) - 3 athletes	Shobu SANBON
105	Cadets Male Team	Kumite	(15-17 years) - 3 athletes	Shobu SANBON
106	Juniors/Seniors Female Team	Kumite	(18 years over) - 3 athletes	Shobu SANBON
107	Juniors/ Seniors Male Team	Kumite	(18 years over) - 3 athletes	Shobu SANBON

## KOBUDO CATEGORIES 2023

127	All Weapons Kata	Open Grade	(6 years Under)	- Mixed M/F Traditional Kata
128	All Weapons Kata	Open Grade	(7 - 8 years)	- Mixed M/F Traditional Kata
129	All Weapons Kata	Open Grade	(9 - 11 year)	- Mixed M/F Traditional Kata
130	All Weapons Kata	Open Grade	(12 - 14 years)	- Mixed M/F Traditional Kata
131	All Weapons Kata	Open Grade	(15 - 17 years)	- MALE Traditional Kata
132	All Weapons Kata	Open Grade	(15 - 17 years)	- FEMALE Traditional Kata
133	All Weapons Kata	Open Grade	(18 - 35 years)	- MALE Traditional Kata
134	All Weapons Kata	Open Grade	(18 - 35 years)	- FEMALE Traditional Kata
135	All Weapons Kata	Open Grade	(36 - 45 years)	- MALE Traditional Kata
136	All Weapons Kata	Open Grade	(36 - 45 years)	- FEMALE Traditional Kata
137	All Weapons Kata	Open Grade	(46 years +)	- MALE Traditional Kata
138	All Weapons Kata	Open Grade	(46 years +)	- FEMALE Traditional Kata

## INCLUSIVE PARA CATEGORIES 2023

201	INCLUSIVE Forms/Combos/Kata	Free Choice All Ages	Nov - 7th kyu	M/F
202	INCLUSIVE Forms/Combos/Kata	Free Choice All Ages	6th - 4th kyu	M/F
203	INCLUSIVE Forms/Combos/Kata	Free Choice All Ages	3rd kyu - Dan Grades	M/F

204	Autism - Mild CP + Mild Brain Injury + Mild/Medium Learning Disability	Nov - 7th kyu	M/F
205	Autism - Mild CP + Mild Brain Injury + Mild/Medium Learning Disability	6th - 4th kyu	M/F
206	Autism - Mild CP + Mild Brain Injury + Mild/Medium Learning Disability	3rd kyu - Dan Grades	M/F
207	Severe CP + Severe Brain Injury + Severe Learning Disability	Nov - 7th kyu	M/F
208	Severe CP + Severe Brain Injury + Severe Learning Disability	6th - 4th kyu	M/F
209	Severe CP + Severe Brain Injury + Severe Learning Disability	3rd kyu - Dan Grades	M/F
210	All Wheelchair users + Amputees	Nov - 7th kyu	M/F
211	All Wheelchair users + Amputees	6th - 4th kyu	M/F
212	All Wheelchair users + Amputees	3rd kyu - Dan Grades	M/F
213	Sensory Disabilities (Hearing + Visually Impaired)	Nov - 7th kyu	M/F
214	Sensory Disabilities (Hearing + Visually Impaired)	6th - 4th kyu	M/F
215	Sensory Disabilities (Hearing + Visually Impaired)	3rd kyu - Dan Grades	M/F

**Note: Competition will be run according to the running order which will be out one week before the event. We will do our best to cater for all competitors to participate in their chosen sections, however, be advised that there will be a limited waiting time.**

**For the individual kata categories, competitors are allowed to enrol as is the usual practice - in their appropriate age and belt category and may compete also in the next higher age and belt category, however, they must follow the rules of that category. Check summary of rules. Higher belts cannot compete in lower belt categories; similarly, veterans (masters) cannot compete in lower categories (in juniors or seniors for e.g.).**

**For kumite categories, competitors must enter their own age categories.**

